Carrying Capacity as "Informed Judgment": The Values of Science and the Science of Values

Robert E. Manning, School of Natural Resources, University of Vermont, Burlington, Vermont 05405; Robert.Manning@uvm.edu

Carrying Capacity of Parks and Wilderness

In its most generic form, carrying capacity refers to the amount and type of visitor use that can be accommodated within a park or wilderness without unacceptable resource and social impacts. Recent experience with carrying capacity suggests that it can be applied most effectively through formulation of indicators and standards of quality for biophysical conditions (resource carrying capacity) and for the visitor experience (social carrying capacity) (Stankey et al. 1985; Stankey and Manning 1986; Graefe et al. 1990; National Park Service 1997; Manning 1999; Manning 2001). Indicators of quality are measurable, manageable variables that define the quality of park and wilderness resources and the visitor experience. Standards of quality define the minimum acceptable condition of indicator variables.

By formulating indicators and standards of quality, parks and wilderness can be managed within a defined carrying capacity. Indicator variables are monitored over time, and if standards of quality are violated (or are in danger of being violated), management action is required. This approach to carrying capacity is central to contemporary park and wilderness management frameworks, including Limits of Acceptable Change (Stankey et al. 1985), and Visitor Experience and Resource Protection (National Park Service 1997; Manning 2001).

"Informed Judgment"

Some studies have suggested distinguishing descriptive from evaluative and/or prescriptive components of carrying capacity (Shelby and Heberlein 1984, 1986). The descriptive component of carrying capacity focuses on factual, objective data. For example, what is the relationship between the amount of visitor use and perceived crowding? The evaluative/prescriptive components of carrying capacity determination concern the seemingly more subjective issues of how changes in the recreation environment are judged and, ultimately, how much impact or change in the recreation environment is acceptable. For example, the evaluative component of carrying capacity might address the question of how visitors judge increasing levels of use, while the prescriptive component of carrying capacity might address the question of what level of perceived crowding should be allowed.

From this discussion, it is apparent that carrying capacity analysis and management require a strong element of "informed judgment." Park and wilderness managers must ultimately render judgments about acceptable levels of biophysical and social impacts, and associated use levels, but such judgments should be as "informed" as possible. Findings from scientific studies represent an important approach to informing such judgments.

The Values of Science

Science can inform management judgments about carrying capacity in at least two ways. First, research findings should serve as the basis of the descriptive component of carrying capacity. A substantial body of scientific literature has been developed on both the resource and social components of carrying capacity, and recent meta-analyses have begun to integrate and synthesize this growing body of knowledge (e.g., Hammitt and Cole 1998; Manning 1999).

Second, research findings can also help inform the evaluative/prescriptive components of carrying capacity. Again, a substantial body of scientific literature has been developed on the degree to which park and wilderness visitors are perceptive of recreation-related impacts and their subjective evaluations of these impacts. This research explores the park and wilderness-related values of visitors, and can be used with other types of information to help inform management judgments about standards of quality and, ultimately, carrying capacity.

The Science of Values

Within the context of carrying capacity, scientific approaches to park and wildernessrelated values have been applied primarily to formulation of standards of quality. Standards of quality ultimately reflect the values that visitors place on parks and wilderness. Research on visitor-based standards of quality has conventionally focused on normative theory and techniques. For example, what is the maximum acceptable number of groups that visitors feel can be encountered per day along a wilderness trail? More recent research has begun to extend the normative approach by emphasizing the potential consequences or trade-offs that may be inherent in normative research. For example, park and wilderness visitors may value both solitude and access, but these values may ultimately conflict. How do concerns about maintaining reasonable public access to wilderness areas affect normative judgments about the maximum acceptable number of groups that can be encountered per day along wilderness trails? The following subsections briefly describe and illustrate this evolving research on alternative park and wilderness values and their relationship to formulating standards of quality.

The normative approach. Developed in the discipline of sociology, the concept of norms has attracted considerable attention as a theoretical and empirical framework in park and wilderness research and management (Jackson 1965; Shelby and Heberlein 1986; Vaske et al. 1986; Shelby and Vaske 1991; Donnelly et al. 1992; Shelby et al. 1996; Manning 1999). If visitors have normative standards concerning relevant aspects of recreation experiences, then such norms can be measured and used as a basis for formulating standards of quality. Using normative theory and methods, the personal norms of individuals can be aggregated to test for the existence of social norms or the degree to which norms are shared across groups. Normative research in outdoor recreation has focused largely on the issue of crowding (e.g., Shelby 1981; Heberlein et al. 1986; Whittaker and Shelby 1988; Patterson and Hammitt 1990; Williams et al. 1991; Manning et al. 1996a, 1996b; Vaske et al. 1996; Manning et al. 2002a, 2002b), but also has been expanded to include other potential indicators of quality. Research findings from published studies of recreation-related norms have recently been compiled in Manning (1999).

A hypothetical social norm curve is shown in Figure 1 to illustrate normative theory and methods. The norm curve traces the average acceptability ratings of a sample of recreationists for encountering a range of groups of other visitors per day along a trail.

Extending the normative approach. As research on normative standards has proceeded, several approaches to measuring norms have evolved. Traditionally, outdoor recreation-related norms have been measured using a "numerical" or "narrative" approach. For example, respondents might be asked to evaluate a range of encounters (0, 5, 10, 15, etc.) with other groups per day along trails. The personal normative data derived are aggregated and graphed (as illustrated in Figure 1) to construct a "norm curve" from which social norms might be identified.

More recently, visual approaches to measuring crowding and other outdoor recreationrelated norms have been developed. Computer software has been used to edit and produce photographs depicting a range of use levels and environmental impacts (Hof et al. 1994; Manning et al. 1995; Manning et al. 1996a, 1996b).

An issue implicit in all of these measurement approaches concerns the evaluative dimension used in these questions. When respondents have been asked to evaluate a range of use levels and related impacts, the response scale has included terminology specifying a variety of evaluative dimensions, including "acceptability," "preference," "pleasantness," "desirability," "satisfaction,"



Figure 1. Hypothetical social norm curve.

and "tolerance." These alternative evaluative

dimensions may have substantially different meanings to respondents, and may result in significantly different personal and social norms.

A related issue concerns the normative nature of evaluative dimensions. Application of normative theory and techniques to outdoor recreation has noted several important elements of norms as they traditionally are defined (Roggenbuck et al. 1991; Shelby and Vaske 1991; Williams et al. 1991; Noe 1992; Heywood 1993a, 1993b, 1996a, 1996b; McDonald 1996; Shelby et al. 1996). One of these elements suggests that norms have a strong obligatory nature; that is, norms define what "should" be. This suggests that norms might be measured by asking respondents about what recreation conditions or level of impacts they feel managers "should" maintain.

Recent studies of crowding-related norms for several national parks have allowed com-

parisons of findings among the norm measurement approaches described above (Manning et al. 1997a, 1997b; Manning et al. 1998; Manning et al. 1999b, 1999c; Manning et al. 2000). These comparisons suggest that alternative measurement approaches can affect resulting norms in a statistically significant and substantive way (Manning et al. 1999a). The most powerful effects concern the evaluative dimension used and more explicit introduction of the normative notion of the recreation conditions that managers should maintain.

These findings suggest three important points. First, a range of personal and social norms can be estimated using a spectrum of evaluative dimensions that range from "preference" to "displacement" or "absolute tolerance." Second, the "management action" evaluative dimension may be of special interest to park and wilderness managers because it more explicitly addresses trade-offs inherent in crowding-related issues (i.e., a desire to avoid crowding while also maintaining reasonable public access), and therefore may more closely approximate the traditional prescriptive nature of norms. It is important to note that "management action"-related norms are consistently and often substantially higher than "preference"- and "acceptability"-based norms. Finally, the range of crowding-related norms developed in the literature based on alternative evaluative dimensions may be useful to researchers and managers, as it facilitates a more comprehensive understanding of the evaluative and prescriptive components of carrying capacity.

Beyond the normative approach. Data derived from the normative approach can be useful in helping researchers and managers quantify the values of park and wilderness visitors and formulate crowding-related and other standards of quality. However, such studies have also illustrated the complex nature of this research, as well as the strengths and weaknesses of normative theory and empirical techniques. In particular, conventional studies designed to estimate crowdingrelated and other norms may substantially underestimate such norms because these studies fail to explicitly (or even implicitly) introduce trade-offs between the desire to avoid crowding and other impacts of recreation and the desire to maintain reasonable public access to parks and wilderness.

Indifference curve analysis. Research on park- and wilderness-related values might be strengthened through adaptation of alternative theoretical and empirical approaches, especially those that more explicitly address inherent trade-offs in park and wilderness management. For example, indifference curve analysis, developed in the discipline of economics, provides a model representing the tradeoff decisions an individual makes in allocating a fixed level of income between two consumer goods (Nicholson 1995). This approach has recently been adapted to examine the trade-offs that visitors would prefer to make between solitude and access to Delicate Arch, a popular visitor attraction in Arches National Park (Lawson and Manning 2000; Lawson and Manning 2001b; Lawson and Manning 2002a). A representative sample of visitors was asked a series of questions regarding alternative combinations of solitude (number of people at Delicate Arch) and access (percentage chance of receiving a permit to hike to the arch). Study findings provide potentially important insights into the appropriate balance between these two desirable attributes of the park experience, and can help inform management judgments about the carrying capacity of this site.

Stated choice analysis. Stated choice analysis represents another research approach to quantifying carrying capacity-related values and trade-offs inherent in park and wilderness management. Stated choice analysis models have been developed in the fields of psychometrics, econometrics, and consumer marketing to evaluate public preferences and related attitudes (Green and Srinivasan 1978). In stated choice analysis, respondents are asked to make choices among alternative configurations of a multi-attribute good (Louviere and Timmermans 1990).

Recently, stated choice modeling has been adapted to carrying capacity analysis and applied at Denali National Park and Preserve (Lawson and Manning 2001a; Lawson and Manning 2002b) and Yosemite National Park (Newman et al. 2001; Newman et al. 2002). For example, wilderness visitors to Yosemite were asked their preferences between alternative wilderness scenarios that were described by a range of six attributes: campsite impacts, signs of stock use, trail encounters, campsite encounters, likelihood of receiving a wilderness permit, and regulation of campsite choice. Study findings suggest that campsite impacts are the most important attribute (or indicator of quality), and that most visitors would prefer to accept more management regulation to assure a minimum standard of quality for campsite conditions. Data also suggest that campsite condition three (on the park's five-level "condition class" campsite monitoring system) may be an appropriate standard of quality.

Stated choice analysis provides a potential improvement over conventional normative research approaches to park and wilderness carrying capacity because resulting data are derived from a more holistic or contextual perspective. That is, visitors' normative judgments and the resulting multivariate statistical analysis explicitly consider the inherent tradeoffs among the conditions of social, resource, and managerial attributes. Further, this expanded approach to normative research yields information to help formulate standards of quality for multiple and related park and wilderness attributes simultaneously.

Conclusions

Carrying capacity is an important issue in park and wilderness management, and is likely to increase in importance as the popularity of parks and wilderness continues to grow. It is clear from the literature that management of carrying capacity involves matters of both science and values, and that both of these elements must be integrated into "informed judgments" on the part of park and wilderness managers. That is, managers must ultimately make value-based judgments about the maximum acceptable levels of visitor-caused impacts to the resource base and the quality of the visitor experience. However, such judgments should be informed to the extent possible by scientific data on the relationships between visitor use and resulting impacts, and the degree to which park and wilderness visitors and other interest groups judge such impacts to be acceptable. Such information represents the "values of science" to managing carrying capacity in parks and wilderness.

A growing body of literature has begun to address the corresponding "science of values," and how this type of information might be integrated into park and wilderness management. Visitor-based research has employed normative theory and techniques to explore the acceptability of a range of biophysical and social impacts related to visitor use, and findings from these studies are being integrated into a body of knowledge and applied in management decision-making. Conceptual and methodological extensions of the normative approach are currently being explored in a variety of park and wilderness contexts, and new theoretical and empirical approaches, including indifference curve and stated choice analysis, are being adapted to address tradeoffs inherent in carrying capacity management. In these ways, the science of values is progressing to meet the opportunities and challenges of the values of science to park and wilderness management.

While progress has been made in developing a more conceptually and empirically informed approach to the carrying capacity of parks and wilderness, this research should be interpreted and applied carefully, and more research is clearly warranted. For example, normative theory and techniques borrowed from the discipline of sociology have proven useful in carrying capacity analysis, but such data derived in the context of park and wilderness management may lack the full prescriptive power of norms as they have traditionally been defined. Moreover, the normative data described in this paper are often analyzed and presented using measures of central tendency, such as means and medians. Researchers and managers should be careful not to mask important variation that might exist among different types of park and wilderness visitors.

A related issue concerns the inherent complexity and diversity of carrying capacity and its application to parks and wilderness. Current visitors have been the subject of most carrying capacity research, but other interest groups may be considered legitimate stakeholders as well, including local residents, displaced visitors, and the general public. Research should be expanded to include a wider spectrum of interest groups. Carrying capacity research has also traditionally been conducted on a site-by-site basis. However, viewing individual parks and wilderness areas as parts of larger, regional or even national systems of outdoor recreation areas-and conducting research and management accordingly-may result in a more diverse system of park and wilderness opportunities that more fully serves the spectrum of public preferences. Such a "systems approach" may also help relieve some of the tension and confrontation often associated with the application of carrying capacity, as the preferences of multiple groups might be incorporated into

Basic Values and Purposes of Parks

larger-scale research and management. It should also be noted that the types of data described in this paper are only one source of information on public values that might be incorporated into analyzing and applying carrying capacity to parks and wilderness areas. Other sources of information include legal and administrative mandates, agency policy, historic precedent, interest group politics, personnel and financial resources and inescapably—management judgment, but judgment that is scientifically "informed" to the extent possible.

References

- Donnelly, M., J. Vaske, and B. Shelby. 1992. Measuring backcountry standards in visitor surveys. In *Defining Wilderness Quality: The Role of Standards in Wilderness Management—A Workshop Proceedings.* General Technical Report PNW-305. Portland, Ore.: U.S. Department of Agriculture–Forest Service, Pacific Northwest Forest and Range Experiment Station, 38–52.
- Graefe, A., F. Kuss, and J. Vaske. 1990. *Visitor Impact Management: The Planning Framework*. Washington, D. C.: National Parks and Conservation Association.
- Green, P., and V. Srinivasan. 1978. Conjoint analysis in consumer research: Issues and outlook. *Journal of Consumer Research* 5, 103–123.
- Hammitt, W., and D. Cole. 1998. Wildland Recreation: Ecology and Management. New York: John Wiley & Sons.
- Heberlein, T., G. Alfano, and L. Ervin. 1986. Using a social carrying capacity model to estimate the effects of marina development at the Apostle Islands National Lakeshore. *Leisure Sciences* 8, 257–274.
- Heywood, J. 1993a. Behavioral conventions in higher density, day use wildland/urban recreation settings: a preliminary case study. *Journal of Leisure Research* 25, 39–52.

—. 1993b. Game theory: a basis for analyzing emerging norms and conventions in outdoor recreation. *Leisure Sciences* 15, 37-48.

- ------. 1996a. Conventions, emerging norms, and norms in outdoor recreation. *Leisure Sciences* 18, 355–363.
- ——. 1996b. Social regularities in outdoor recreation. *Leisure Sciences* 18, 23–37.
- Hof, M., J. Hammitt, M. Rees, J. Belnap, N. Poe, D. Lime, and R. Manning. 1994. Getting a handle on visitor carrying capacity—a pilot project at Arches National Park. *Park Science* 14, 11–13.
- Jackson, J. 1965. Structural characteristics of norms. In *Current Studies of Social Psychology*. I.D. Steiner and M.F. Fishbein, eds. New York: Holt, Rinehart & Winston, 301–309.
- Lawson, S., and R. Manning. 2000. Crowding versus access at Delicate Arch, Arches National Park: an indifference curve analysis. In Proceedings of the Third Symposium on Social Aspects and Recreation Research, Tempe, Arizona, February 16–19. I.E. Schneider, D. Chavez, W. Borrie, and K. James, eds. Tempe: Arizona State University, 135–143.
 - ——. 2001a. Crossing experiential boundaries: visitor preferences regarding tradeoffs among social, resource, and managerial attributes of the Denali wilderness experience. *The George Wright Forum* 18:3, 10–27.

------. 2002b. Tradeoffs among social, resource, and management attributes of the Denali wilderness experience: A contextual approach to normative research. Leisure Sciences.

- Louviere, J., and H. Timmermans. 1990. Using hierarchical information integration to model consumer responses to possible planning actions: recreation destination choice illustration. *Environment and Planning* 22, 291–308.
- Louviere, J., and G. Woodworth. 1985. Models of Park Choice Derived from Experimental and Observational Data: A Case Study in Johnston County, Iowa. University of Iowa Technical Report. Iowa City: University of Iowa.
- Manning, R. 1999. Studies in Outdoor Recreation: Search and Research for Satisfaction. Corvallis: Oregon State University Press.
- ——. 2001. Visitor Experience and Resource Protection: A framework for managing the carrying capacity of national parks. *Journal of Park and Recreation Administration* 19, 93–108.
- Manning, R., D. Lime, M. Hof, and W. Freimund. 1995. The visitor experience and resource protection process: the application of carrying capacity to Arches National Park. *The George Wright Forum* 12:3, 41–55.
- Manning, R., D. Lime, W. Freimund, and D. Pitt. 1996a. Crowding norms at frontcountry sites: a visual approach to setting standards of quality. *Leisure Sciences* 18, 39–59.
- Manning, R., D. Lime, and M. Hof. 1996b. Social carrying capacity of natural areas: theory and application in the U. S. national parks. *Natural Areas Journal* 16, 118–127.
- Manning, R., N. Ballinger, W. Valliere, B. Wang, and C. Jacobi. 1997a. Acadia National Park Carriage Road Study: Phase III Research. U. S. National Park Service Technical Report NPS/NESO-RNR/NRTR/98-1. Boston: National Park Service.
- Manning, R., W. Valliere, B. Wang, N. Ballinger, and C. Jacobi. 1997b. Acadia National Park Carriage Road Study: Phase II Research. U. S. National Park Service

Technical Report NPS/NESO-RNR/NRTR/98-3. Boston: National Park Service.

- Manning, R., D. Cole, W. Stewart, J. Taylor, and M. Lee. 1998. *Day Use Hiking in Grand Canyon National Park*. University of Vermont Technical Report. Burlington: University of Vermont.
- Manning, R., S. Lawson, B. Wang, and W. Valliere. 1999a. Research to Support Visitor Management at Alcatraz Island. University of Vermont Technical Report. Burlington: University of Vermont.
- Manning, R., W. Valliere, B. Wang, S. Lawson, and J. Treadwell. 1999b. Research to Support Visitor Management at Statue of Liberty/Ellis Island National Monuments. University of Vermont Technical Report. Burlington: University of Vermont.
- Manning, R., B. Wang, W. Valliere, S. Lawson. 1999c. Carrying Capacity Research for Yosemite Valley: Phase I Study. University of Vermont Technical Report. Burlington: University of Vermont.
- Manning, R., W. Valliere, B. Wang, C. Jacobi. 1999d. Crowding norms: alternative measurement approaches. *Leisure Sciences* 21, 97–115.
- Manning, R., W. Valliere, S. Lawson, B. Wang, and P. Newman. 2000. Carrying Capacity Research for Yosemite Valley: Phase II Study. University of Vermont Technical Report. Burlington: University of Vermont.
- Manning, R., W. Valliere, B. Minteer, B. Wang, and C. Jacobi. 2000. Crowding in parks and outdoor recreation: a theoretical, empirical and managerial analysis. *Journal* of Park and Recreation Administration 18, 57–72.
- Manning, R., B. Wang, W. Valliere, S. Lawson, and P. Newman. 2002a. Research to Estimate and Manage Carrying Capacity of a Tourist Attraction: A Study of Alcatraz Island. *Journal of Sustainable Tourism* 10, 388–464.
- Manning, R., S. Lawson, P. Newman, D. Laven, and W. Valliere. 2002b. Methodological issues in measuring crowding-related norms. *Leisure Sciences*

24, 339-348.

- McDonald, C. 1996. Normative perspectives on outdoor recreation behavior: introductory comments. *Leisure Sciences* 18, 1–6.
- National Park Service. 1997. VERP: The Visitor Experience and Resource Protection (VERP) Framework—A Handbook for Planners and Managers. National Park Service Technical Report. Denver: National Park Service.
- Newman, P., J. Marion, and K. Cahill. 2001. Integrating resource, social, and managerial indicators of quality into carrying capacity decision-making. *The George Wright Forum* 18:3, 28–40.
- Newman, P., R. Manning, and W. Valliere. 2002. Integrating resource, social, and managerial indicators of quality into carrying capacity decision making. In *Proceedings of the 2001 Northeastern Recreation Research Symposium*. General Technical Report NE-289. Newtown Square, Pa.: U.S. Department of Agriculture-Forest Service, Northeastern Research Station, 233–238.
- Nicholson, W. 1995. *Microeconomic Theory: Basic Principles and Extensions*. 6th ed. Fort Worth, Tex.: The Dryden Press.
- Noe, F. 1992. Further questions about the management and conceptualization of backcountry encounter norms. *Journal of Leisure Research* 24, 86–92.
- Patterson, M., and W. Hammitt. 1990. Backcountry encounter norms, actual reported encounters, and their relationship to wilderness solitude. *Journal of Leisure Research* 22, 259–275.
- Roggenbuck, J., D. Williams, S. Bange, and D. Dean. 1991. River float trip encounter norms: questioning the use of the social norms concept. *Journal of Leisure Research* 23, 133–153.
- Shelby, B. 1981. Encounter norms in backcountry settings: Studies of three rivers. *Journal of Leisure Research*, 13:129-38.
- Shelby, B., and T. Heberlein. 1984. A conceptual framework for carrying capacity deter-

mination. Leisure Sciences 6, 433-451.

- ——. 1986. Carrying Capacity in Recreation Settings. Corvallis: Oregon State University Press.
- Shelby, B., and J. Vaske. 1991. Using normative data to develop evaluative standards for resource management: a comment on three recent papers. *Journal of Leisure Research* 23, 173–187.
- Shelby, B., J. Vaske, and R. Harris. 1996. Norms, standards and natural resources. *Leisure Sciences* 18, 103–123.
- Stankey, G., and R. Manning. 1986. Carrying Capacity of Recreation Settings: A Literature Review. The President's Commission on Americans Outdoors. Washington, D. C.: U. S. Government Printing Office, M-47-M-57.
- Stankey, G., D. Cole, R. Lucas, M. Peterson, S. Frissel, and R. Washbourne. 1985. *The Limits of Acceptable Change (LAC) System for Wilderness Planning*. General Technical Report INT-176. Ogden, Ut.: U.S. Department of Agriculture–Forest Service, Intermountain Forest and Range Experiment Station.
- Vaske, J., A. Graefe, B. Shelby, and T. Heberlein. 1986. Backcountry encounter norms: theory, method, and empirical evidence. *Journal of Leisure Research* 18, 137–153.
- Vaske, J., M. Donnelly, and J. Petruzzi. 1996. Country of origin, encounter norms and crowding in a frontcountry setting. *Leisure Sciences* 18, 161–165.
- Whittaker, D., and B. Shelby. 1988. Types of norms for recreation impact: Extending the social norms concept. *Journal of Leisure Research* 20, 261–273.
- Williams, D., J. Roggenbuck, and S. Bange. 1991. The effect of norm-encounter compatibility on crowding perceptions, experience, and behavior in river recreation settings. *Journal of Leisure Research* 23, 154–172.